

Overwhelmed with your work load?

TOGETHERALL

OFFERS:



SUPPORTIVE COMMUNITY

Connect and share
in a safe,
anonymous space
with others who
understand



IMMEDIATE ACCESS

Whatever's on your
mind, you can
access Togetherall
in minutes, 24/7



WELLBEING TOOLS

Benefit from self-
assessments and
courses to help
you understand
how you're feeling



University Health and Wellbeing
MICHIGAN STATE UNIVERSITY